

*Genesis Health Clubs - Tri-State
555 Tennis Lane
Evansville, IN 47715*



*(812) 479-3111
genesishealthclubs.com
Adult Tennis*

Adult Programs – Summer 2024

May 28 – July 28

Club Cardio

Heart pumping fitness on the tennis court for ages 19+. Classes are set to music and choreographed to move your heart rate into the proper target zone and enjoy fun activity while getting a work-out. All classes can be reserved 48 hours ahead of time.

SCHEDULE OF CLASSES

Monday 8:00-9:00a, 12:00-1:00p, 5:30-6:30p
Tuesday 9:00-10:00a, 12:00-1:00p
Wednesday 8:00-9:00a, 5:30-6:30p
Thursday 7:00-8:00a (4.0+), 5:30-6:30p
Friday 8:00-9:00a
Saturday 9:00-10:00a

Fee: \$70/month or \$20/class

ADULT CLINICS

Clinics meet at various times through the week and are arranged directly with the pro staff. Clinics are 1 - 1.5 hours in duration. Clinics are based on NTRP ratings to insure compatible play. If you are unaware of your rating, please contact a tennis professional for a complimentary session.

Fee: \$30.00 per hour

TENNISCIZE

The program that all adult TSAC members enjoy and get exercise with. It is open to all levels (must be a graduate of Learn Tennis Fast) and is run by the TSAC professional staff. This is a great opportunity to practice your shots, get a workout, play with friends, meet new players, and have a great time. Space can be reserved 48 hours ahead of time.

SCHEDULE OF CLASSES

Tuesday.....8:00-9:00am
Thursday.....8:00-9:00am
Saturday.....8:00-9:00am

Fee: Complimentary